



ACADEMY OF CREATIVE COACHING

SPECIALIZATIONS

Creative Arts Coach

WHAT IS A CREATIVE ARTS COACH?

Creative Arts Coaches focus more specifically on their clients' creative work by helping them to develop their artistic and humanistic talents. Creativity coaching as a professional practice aims to help clients figure out how to articulate and nurture their creative vision for themselves, recognize obstacles, establish attainable strategies for moving toward their visions and in setting up systems of accountability to assist them in achieving their goals.



APPLICABLE PROGRAM TOPICS



Shame Resilience
Creative Life Change
Goal-Setting
Leadership Development
Overcoming Limiting Beliefs
The Creative Brain

Self-Determination
Personal Awareness
Psychology of Happiness
Post-Traumatic Growth
Strengths Awareness
Empowerment Coaching

CAREER PATHS

Performance Coach
Creative Activism Coach
Writing Coach
Creative Expression Coach
Therapeutic Dance Coach
Empowerment Coach
Visual Arts Coach
Creative Solutions Coach



APPLICABLE TEXTS



[Creative Confidence: Unleashing the Creative Potential Within Us All](#)

[Mastering Creative Anxiety: 24 Lessons for Writers, Painters, Musicians, and Actors from America's Foremost Creativity Coach](#)

[Inside Creativity Coaching](#)

HOW SPECIALIZATIONS WORK

1. In-class practice coaching should be within your specialization
2. Read and apply content from your specialization text book and independent exploration
3. Recorded mentor coaching sessions should be focused on your specialization
4. Homework assignments should be driven by your specialization

