



# ACADEMY OF CREATIVE COACHING

## SPECIALIZATIONS

### *Relationship Coach*

#### WHAT IS A RELATIONSHIP COACH?

Relationship coaching is a professional client-focused service where an individual or couple is assumed to be healthy, powerful, and able to achieve relationship goals with effective support, information, and guidance. Relationship coaching does not replace trained therapists who typically address mental, emotional, and psychological disorders. Relationship coaches also assist with workplace relationships, such as manager to employee, peer to peer, between corporate divisions, between teams, as well as customer and vendor relationships.



#### APPLICABLE PROGRAM TOPICS



Conflict Resolution  
Creative Life Change  
Emotional Intelligence  
Empathy & Compassion  
Leadership Development  
Strengths-Based Relationships  
Psychology of Happiness

Models of Change  
Relationship Building  
Self-Awareness  
Self-Motivation  
Team Building  
Personal Awareness  
Sex and Intimacy

#### CAREER PATHS

Relationship Coach  
Online Dating Coach  
Dating Coach  
Cross Cultural Relations Coach  
Family Coach  
Emotional Intelligence Coach  
Marriage Coach  
Adoption Coach

Communication Coach  
Aging Parents Coach  
Business Relationship Coach  
Military Family Coach  
Parenting Coach  
Divorce/Separation Coach  
Law of Attraction Coach  
Sex and Intimacy Coach



#### APPLICABLE TEXTS



[Relationship Coaching: The theory and practice of coaching with singles, couples and parents](#)

[Marriage Coaching: Heart, Hope and Skills for a Great Relationship](#)

[Better than Sex: The Ecstatic Art of Awakening Coaching](#)

#### HOW SPECIALIZATIONS WORK

1. In-class practice coaching should be within your specialization
2. Read and apply content from your specialization text book and independent exploration
3. Recorded mentor coaching sessions should be focused on your specialization
4. Homework assignments should be driven by your specialization

