



ACADEMY OF CREATIVE COACHING

SPECIALIZATIONS

Spiritual Coach

WHAT IS A SPIRITUAL COACH?

A spiritual coach helps individuals find the gifts buried deep within to discover purpose. The essence of spiritual coaching and healing is tuning into the spiritual journey, helping people to discover and embrace the magnitude of their true identities and to bring spirit fully into form. The approach is holistic, integrating the body, emotions, mind and spirit. It is a partnership to create meaningful change, transformation, and lasting success in life and business. It is not just reaching goals, but being present with the process.



APPLICABLE PROGRAM TOPICS



Breathing Techniques
Chakras and Energy
Creative Life Change
Emotional Intelligence
Life Purpose
Overcoming Fear

Overcoming Limiting Beliefs
Personal Awareness
Psychology of Happiness
Post-Traumatic Growth
Spiritual Development
Personal Transformation

CAREER PATHS

Spiritual Coach
Transformation Coach
Ministry Leader Coach
Inner Peace Coach
Intuition Coach
Life Purpose Coach
Meditation Coach

Religion-Specific Coach
Compassion & Forgiveness Coach
Prayer Coach
Reiki Coach
Tantra Coach
Yoga Coach



APPLICABLE TEXTS



[A Shift in Being: The Art and Practices of Deep Transformational Coaching](#)

[Spiritual Leadership Coaching: Connecting People to God's Heart and Purposes](#)

[Soul Coaching: 28 Days to Discover Your Authentic Self](#)

HOW SPECIALIZATIONS WORK

1. In-class practice coaching should be within your specialization
2. Read and apply content from your specialization text book and independent exploration
3. Recorded mentor coaching sessions should be focused on your specialization
4. Homework assignments should be driven by your specialization

